"This text provides a dynamic historical narrative of aging research and theory, along with very insightful contemporary case studies that enrich the reader's understanding of the field of gerontology and individual processes of aging. It is recognized that as we age, health issues become more intertwined with personal realities, and Dr Erber provides a nuanced discussion of various changes in health and life concerns that is both informative and optimistic with regard to illness prevention and positive health outcomes... she provides a very systematic and well-structured presentation of the key areas and concerns of human aging."

Dr Dean D. VonDras, University of Wisconsin-Green Bay

As improvements in the provision of healthcare result in an aging population in many countries around the world, we must broaden and deepen our understanding of the numerous issues relating to this growing demographic. This key text provides students in a range of related disciplines with an accessible core text that covers a wide range of topics.

Beginning with a presentation of the demographic characteristics of older people, the book details the theoretical approaches that apply to the study of adult development and aging, before proceeding to a thematic treatment of core issues such as health, sensation perception, memory, intellect, social interactions, employment and retirement, and mental health. As in previous editions, chapter-opening vignettes provide real-world illustrations of older adults, which have been updated and tied in with the concepts in each chapter. Special feature boxes point toward current understanding and research applications, while key points and issues are separately highlighted as a basis for class discussion.

This authoritative volume provides the latest insights into, and theoretical interpretation of, our understanding of the human aging process.

JOAN T. ERBER is Professor Emeritus of Psychology at Florida International University, where she was a recipient of a State University System Professorial Excellence Program (PEP) Award. She has extensive experience teaching undergraduate and graduate courses in adult development and aging. Her research focuses on aging and memory and how stereotypes influence our perceptions of older adults. Her research has been published in journals such as Psychology and Aging, Journal of Gerontology: Psychological Sciences, and Experimental Aging Research. Dr Erber is a Fellow of the Gerontological Society of America (GSA), the Association for Psychological Science (APS), and the American Psychological Association (APA). She is a past president of the APA's Division 20 (Adult Development and Aging). Her books include Aging and Older Adulthood, Second Edition, (Wiley-Blackwell, 2010) and Aging and Older Adulthood (Wadsworth/Cengage, 2005).

Please visit www.wiley.com/go/erber for further instructor resources.
AGING & OLDER ADULTHOOD
Praise for *Aging and Older Adulthood*, Second Edition

“The second edition of this textbook builds on the solid foundation of its predecessor and incorporates new research and developments in a user-friendly way. It is easy to tell that the author is passionate about teaching adult development and aging courses. In particular, I liked how Erber did not sacrifice historically important theories and studies in her book. Thus, I highly recommend this textbook as it represents an excellent introduction to a topic with increasing societal and global importance.”

*Manfred Diehl, Colorado State University*

“Erber’s *Aging and Older Adulthood* incorporates the latest research findings along with a compassionate, humanistic perspective. The new material on research applications to everyday problems of older adults, such as driving, shopping, and medical decision-making, will be of interest to those planning careers in aging as well as those planning on growing old.”

*Susan Kemper, University of Kansas*

“This text has a number of features that will appeal to both instructors and students. For example, the author weaves a genuine attention to issues of diversity through each and every chapter. The author also includes realistic examples that demonstrate the significance of concepts to readers’ own work with older adults, their own families, and even themselves, no matter their age. Most importantly, this text integrates three approaches that are essential to understanding aging: a biopsychosocial focus that spans key domains relevant to aging, a lifespan developmental perspective that views aging as a process rather than an event, and an empirical approach that recognizes the importance of theory and research in understanding and improving the experience of late life.

In sum, this text is a vibrantly written, comprehensive, and current introduction to aging and older adulthood, ideal for students from many disciplines who need to be prepared for their own aging and the aging of others around them.”

*Brian D. Carpenter, Washington University*
To Lauren, Isaac, Megan, Rebecca, and Eli,
the future generation
Joan T. Erber is Professor Emeritus of Psychology at Florida International University, where she was a recipient of a State University System Professorial Excellence Program (PEP) Award. Dr. Erber has had extensive experience teaching undergraduate and graduate courses in adult development and aging. Her numerous research publications focus on aging and memory and how age stereotypes influence our perceptions and evaluations of older adults. Her research findings, some of which were funded by grants from the National Institute on Aging, are published in scientific journals such as *Psychology and Aging*, *Journal of Gerontology: Psychological Sciences*, and *Experimental Aging Research*. Dr. Erber is a Fellow of the Gerontological Society of America (GSA), the Association for Psychological Science (APS), and the American Psychological Association (APA). She is a past president of the APA Division 20 (Adult Development and Aging).
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