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by Nancy C. Muir

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iPhone® For Seniors For Dummies®, 3rd Edition

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If you bought this book (or are even thinking about buying it), you've probably already made the decision to buy an iPhone. The iPhone is designed to be easy to use, but still you can spend hours exploring the preinstalled apps, finding out how to change settings, and syncing the device to your computer or through iCloud. I've invested those hours so that you don't have to — and I've added advice and tips for getting the most out of your iPhone.

This book helps you get going with the iPhone quickly and painlessly so that you can move directly to the fun part.

About This Book

This book is specifically written for mature people like you, folks who may be relatively new to using a smartphone and want to discover the basics of buying an iPhone 5S or 5C, working with its preinstalled apps, and getting on the Internet. In writing this book, I've tried to consider the types of activities that might interest someone who is 50 years old or older and picking up an iPhone for the first time.

Introduction

Conventions used in this book

This book uses certain conventions to help you find your way around, including

- Text you type in a text box is shown in **bold**. Figure references, such as "see **Figure 1-1**," are also in bold, to help you find them.
- Whenever I mention a website address, or *URL*, I put it in a different font, `like this`.
- Figure callouts draw your attention to actions you need to perform. In some cases, points of interest in a figure may be indicated. The text tells you what to look for; the callout line makes it easy to find.

Tip icons point out insights or helpful suggestions related to tasks in the step lists.

New icons highlight features of iPhone 5S, iPhone 5C, or iOS 7 that are new and exciting, in case you're moving up from earlier versions.

Foolish Assumptions

This book is organized by sets of tasks. These tasks start from the beginning, assuming that you've never laid your hands on an iPhone, and guide you through basic steps provided in nontechnical language.

This book covers going online using either a Wi-Fi or 3G/4G connection. I'm also assuming that you'll want to download and use the iBooks e-reader app, so I tell you how to download it in Chapter 13 and cover its features in Chapter 14.

Why You Need This Book

The iPhone 5S and 5C are cool and perfect for many seniors because they provide a simple, intuitive interface for making and receiving calls, and also for activities such as checking e-mail and playing music. The less expensive 5C could be a good option for you if you don't need quite as many bells and whistles in the camera or the Touch ID fingerprint sensor, pretty much the only difference in features offered on the 5S. But why should you stumble around, trying to figure out their features? Following the simple, step-by-step approach used in this book, you can get up to speed with the iPhone right away and overcome any technophobia you might have.

How This Book Is Organized

This book is conveniently divided into several handy parts to help you find what you need:

- **Part I: Making the iPhone Work for You:** If you're about to buy your iPhone or are ready to get started with the basics of using it, this part is for you. These chapters highlight the newest features in iPhone 5S, iPhone 5C, and iOS 7 (the phones' latest operating system) and help you explore the different specifications, styles, and price ranges for all iPhone models.

You find out how to set up your iPhone 5S or 5C out of the box, including

- Opening an iCloud account to register and push content to all your Apple devices automatically.
- Opening an iTunes account to buy entertainment content and additional apps.
- These chapters also provide information for exploring the iPhone Home screen when you first turn the phone on, for using the new Control Center feature, and for working with useful accessibility features to help out if you have hearing or vision challenges.

Part II: Start Using Your iPhone: In this part, you discover the basics of making and receiving calls — this is a phone, after all! You find out how to set up and manage your contacts, how to get the most out of some useful utility apps, and how to take advantage of iPhone's accessibility features for those who have vision, hearing, or motor skill challenges.

In this part, you're also introduced to Siri, the iPhone's useful feature that allows you to talk to your phone and have it respond by providing information and performing tasks for you. You also explore the exciting FaceTime feature, used for making video calls to other people.

FaceTime works with people who use the iPhone 4, 4S, 5, 5S, or 5C; iPad 2 or third or later generation iPad; an iPad mini; an iPod touch (fourth generation or later); or a Mac running OS X, 10.6.6 or later.

You get acquainted with AirDrop, a new feature compatible with iPhone 5 or later for sharing content with somebody nearby, and new multitasking features.

Finally, you discover how integrated features for using Twitter, Facebook, and iMessage (the latter is accessed via the Messages instant-messaging app) help you to connect with others.

- **Part III: Taking the Leap Online:** Here, you find out how to connect to the Internet and use the built-in Safari browser and the stylish new Tab view. You putter with the preinstalled Mail app and set up your iPhone to access e-mail from your existing e-mail accounts. In this part, you also get to shop online at the iTunes Store for multimedia content, such as movies and music, and shop the App Store for additional iPhone apps.

- **Part IV: Having Fun and Consuming Media:** The iPhone has been touted by some as a great device for consuming media such as music (including the all new iTunes Radio), podcasts, and movies. Included with every iPhone are a Music app for playing music and the Videos app for watching video content. In addition, in this part, I explain how to use iBooks, the free e-reader app from Apple. You also explore playing games on your iPhone, which — trust me — is a lot of fun, and I help you experiment with the Maps app to find your favorite restaurant or bookstore with ease. You also discover the wonderful possibilities for using still and video cameras on iPhone, including sharing via photo streams and using new filters for taking photos. The latest Photos app provides new collections for viewing your images by year or location where they were taken, while the improved camera features on iPhone 5 offer slow motion for video and burst mode for capturing as much as 20 photos per second.

  In this part, you also explore the Newsstand app for subscribing to and reading magazines.

- **Part V: Managing Your Life and Your iPhone:** For the organizational part of your brain, the iPhone makes available Calendar, Notification Center, Reminders, and Notes apps, all of which are covered in this part.

  The Reminders app and Notification Center feature are also great for keeping you on schedule. Reminders is a great to-do list feature that allows you to enter tasks and details about them, and can also display tasks from your online calendars. Notification Center lists all your alerts and reminders in one place.

  Finally, I offer advice in this part about keeping your iPhone safe and troubleshooting common problems that you might encounter, including using the Find My iPhone feature to deal with a lost or stolen iPhone and using the new Touch ID fingerprint sensor. You can also use the iCloud service to back up your content or restore your iPhone.

Where to Go from Here

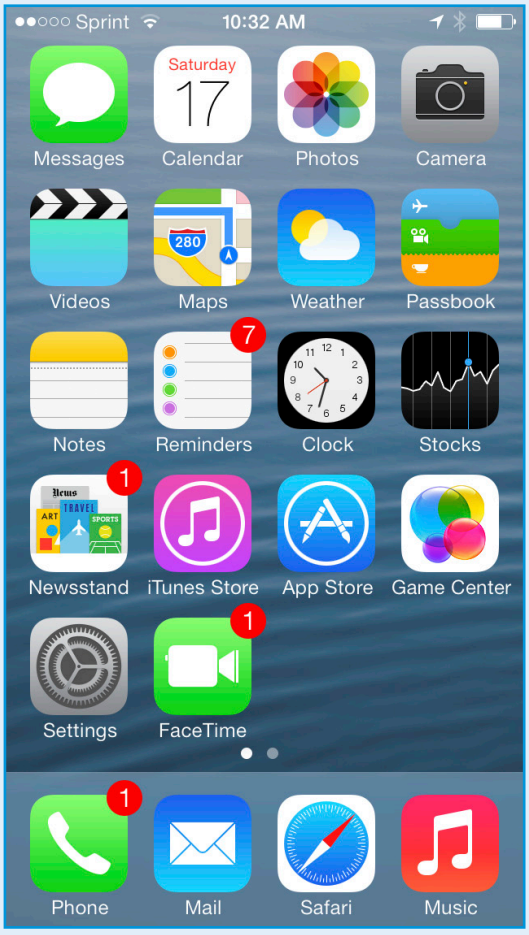
You can work through this book from beginning to end or simply open a chapter to solve a problem or acquire a specific new skill whenever you need it. The steps in every task quickly get you to where you want to go, without a lot of technical explanation.

Note: At the time I wrote this book, all the information it contained was accurate for the iPhone 3GS, iPhone 4, and iPhone 4S, 5, 5S, and 5C, version 7 of the iOS (operating system) used by the iPhone, and version 11 of iTunes. Apple is likely to introduce new iPhone models and new versions of iOS and iTunes between book editions. If you've bought a new iPhone and its hardware, user interface, or the version of iTunes on your computer looks a little different, be sure to check

out what Apple has to say at www.apple.com/iphone. You'll no doubt find updates on the company's latest releases. When a change is very substantial, we may add an update or bonus information that you can download at this book's companion website, www.dummies.com/extras/iphoneforseniors.

Part I

Making the iPhone Work for You



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Buying Your iPhone

Chapter 1

You've read about it. You've seen on the news the lines at Apple Stores on the day a new version of the iPhone is released. You're so intrigued that you've decided to get your own iPhone to have a smartphone that offers more than the ability to make and receive calls. iPhone also offers lots of fun apps; allows you to explore the online world; allows you to read e-books, magazines, and periodicals; allows you to organize your photos, and more.

Trust me: You've made a good decision, because the iPhone redefined the mobile phone experience in an exciting way. It's also an absolutely perfect fit for many seniors.

In this chapter, you learn about the advantages of iPhone, as well as where to buy this little gem and associated data plans from providers. After you have one in your hands, I help you explore what's in the box and get an overview of the little buttons and slots you'll encounter — luckily, the iPhone has very few of them.

Get ready to . . .

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Discover What's New in iPhone 5S, iPhone 5C, and iOS 7

Apple's iPhone gets its features from a combination of hardware and its software operating system (called *iOS;* the term is short for iPhone operating system, in case you need to know that to impress your friends). The most current operating system is iOS 7. It's helpful to understand which new features the iPhone 5S device and iOS 7 bring to the table (all of which are covered in more detail in this book). New features in iPhone 5S include

- **Phone colors:** We were stuck with black and white iPhones for years, but now iPhone 5S comes in silver, gold, and a slightly darker gray called space gray. In addition, with the debut of iPhone 5C, a slightly less expensive version of iPhone lacking a few of iPhone 5S's features, you can choose from among five colors: green, white, blue, red, and yellow.

- **Touch ID:** iPhone 5S comes with a fingerprint reader feature called Touch ID. Rather than enter a passcode again and again through the day to open your phone (keeping its contents safe), iPhone 5S can memorize your fingerprint, and a simple tap on the Home button gets you access to your iPhone and to iTunes.

- **An A7 chip:** This chip gives you CPU and graphics performance that's up to twice as fast as the A6 chip in iPhone 5. The 64-bit chip is touted as being of desktop quality, though it may take some time for apps to truly take advantage of that.

- **An M7 coprocessor:** This motion-sensing coprocessor makes it possible for your iPhone to detect monitor data that provides information about your motion. It's expected that this capability will enable lots of interesting new fitness apps.

- **New filtering features for camera:** The camera in iPhone 5S has a new sensor with a larger active area and a wider aperture. The improved auto functions include better white balance and autofocus. A flash feature and the ability to take photos using a slow motion feature make the camera experience better. Finally, Burst photo mode rounds out improvements. Burst allows you take up to 20 pictures in 2 seconds, and then the processor picks the best ones out of the bunch.

Throughout this book, I highlight features that are relevant only in using the iPhone 5S and/or iPhone 5C, so you can use the majority of this book no matter which version of the iPhone you own as long as you have iOS 7 installed.

Any iPhone device more recent than the iPhone 3G can make use of most features of iOS 7 if you update the operating system (discussed in detail in Chapter 2); this book is based on version 7 of iOS. This update to the operating system adds many new features, including

- **A Whole New Look:** Apple has entirely redesigned the iPhone interface with iOS 7, providing flatter, more graphically bright buttons for your apps, and a simple clean look to areas such as the Lock screen and Settings. Love it or hate it, it's an overdue facelift for iPhone.

- **Control Center:** This handy group of buttons and sliders gives you access to the most commonly used settings such as volume, playback tools for music, on/off settings for AirDrop (see next item for more about this feature), Wi-Fi, Bluetooth, as well as buttons for a Flashlight, Clock, Calculator, and your Camera. Control Center appears when you flick up from the bottom of the iPhone screen.

- **AirDrop:** Use this new feature to share pictures, videos, music, and more with somebody in your general vicinity who has an AirDrop-enabled device.

- **Notification Center:** Swipe down on your iPhone screen and you reveal Notification Center. New Notification Center features in iOS 7 are the Today, All, and Missed views that help you see useful information such as events on your Calendar, Reminders, and stock values from three perspectives.

- **Multitasking:** In iOS 7 Apple has made some changes to the way you work with more than one app at a time. You can press the Home button twice to get a view of all open apps to make it easier to switch among them. Also, your iPhone now pays attention to the time you typically use certain apps, such as a social app or stock tracker, and updates their content at that time to make the latest content available to you faster.

- **Camera Improvements:** Now the Camera app makes various shooting formats (still, video, panorama, and the new square format) easily accessible. In addition, Apple has provided filters so you can add effects such as higher contrast or black and white to your photos.

- **Photo Categories:** To help you organize your photos, iOS 7 has added Collections, Moments, and Years to group your images by the time and location where they were taken. In addition, you can now use iCloud to share photos with others, and photos or videos are streamed to everybody's devices. Others can also post items to your stream and even make comments.