TRANSMEMBRANE DYNAMICS OF LIPIDS
INTRODUCTION TO THE WILEY SERIES ON PROTEIN AND PEPTIDE SCIENCE

Proteins and peptides are the major functional components of the living cell. They are involved in all aspects of the maintenance of life. Their structural and functional repertoires are endless. They may act alone or in conjunction with other proteins, peptides, nucleic acids, membranes, small molecules, and ions during various stages of life. Dysfunction of proteins and peptides may result in the development of various pathological conditions and diseases. Therefore, the protein/peptide structure–function relationship is a key scientific problem lying at the junction point of modern biochemistry, biophysics, genetics, physiology, molecular and cellular biology, proteomics, and medicine.

The Wiley Series on Protein and Peptide Science is designed to supply a complementary perspective from current publications by focusing each volume on a specific protein- or peptide-associated question and endowing it with the broadest possible context and outlook. The volumes in this series should be considered required reading for biochemists, biophysicists, molecular biologists, geneticists, cell biologists, and physiologists, as well as those specialists in drug design and development, proteomics, and molecular medicine with an interest in proteins and peptides. I hope that each reader will find in the volumes within this book series interesting and useful information.

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INTRODUCTION

HISTORICAL PERSPECTIVES: WHO DID WHAT AND WHAT’S NEXT?

Ole Mouritsen, in his recent monograph entitled “Lipids—As a Matter of Fat,” summarized with humor the views of many biologists concerning lipids, as follows: “Lipids appear to play a fairly non-specific role, being rather dull and anonymous compared to fashionable stuff like the proteins that catalyze all biochemical reactions and the genes that contain the information needed to produce proteins” [1].

The present book, which is addressed to researchers, teachers, and students in cell biology and in biochemistry, has the goal of convincing all scientists that lipids, on the contrary, have sophisticated behaviors and play multiple important roles in living organisms. It is also addressed to physicists fascinated by the various spontaneous self-organization of lipids in water (lipid polymorphism) to warn them that lipids in biological systems are not always at thermal equilibrium, and that phase separations and lateral or transmembrane domains seen in model systems can differ fundamentally from biological situations. Indeed, molecule segregation in biological systems results often from the work of ATPases, like the flippases, or is the result of a molecule sorting by “protein gates” (see the “fence and picket model” of Kusumi and collaborators [2]). Such mechanisms are difficult to mimic in model systems.

In any case, all lipids are not equivalent and their chemical heterogeneity, for example, between the two sides of a biomembrane, is the result of a long selection during evolution, which allows lipids to fulfill different functions, from that of a fluid hydrophobic medium for membrane proteins to that of selective messenger molecules and enzyme cofactors. In the latter case, they
have to find their partners in a cell, hence to move rapidly in a very anisotropic environment.

To many biologists, lipids form the third class of molecules of living organism after proteins and nucleic acids. Yet, lipids were probably not the third in the evolution nor are they third in importance, since a cell and even many viruses cannot exist without a membrane. The fact is that lipids form the building blocks of biological membranes. They determine the boundary of all living organisms as well as the compartmentalization of organelles in eukaryotes. Regarded as passive molecules forming only viscous cement that holds membrane proteins, filtering out hydrophilic molecules, the lipid bilayer is in reality a sophisticated structure capable of a remarkable polymorphism in water. The physical characteristic of a lipid bilayer permits not only protein movement but also membrane deformations and, coupled to the cytoskeleton, provides the cell membrane with mechanical properties. Not the least astonishing is the bilayer’s ability to divide in two compartments during cell division without losing molecules in the plasma due to efficient self-sealing capacities. Nonetheless, there are still mysteries concerning lipids, which are matters of research, speculation, and controversy. (1) Biophysicists have succeeded in making stable membranes (liposomes) with only one type of lipids, in suspension in water, for example, with egg phosphatidylcholine (PC), while biological membranes harbor several hundred different lipids. Why are there so many chemically different lipids coexisting in nature? (2) Why is the lipid composition of various membranes of eukaryotes different and sometimes even the two sides of biological membranes different (asymmetrical)? This requires numerous specific enzymes for the synthesis and ultimately for the shuttling to the right destination of newly formed lipids. Is such a multiplicity necessary for a fine-tuning of membrane-bound enzymes or is the variety of lipids used to give specific messages to specific proteins? Is the detailed chemical structure of lipids without real importance and does it reflect only the precursor molecules available? Not only do eukaryotic membranes have many chemically different lipids if one considers chain length, unsaturation, and polar head group, but also the lipids are not homogenously distributed within the various organelles and even between the different sides of one membrane. This lipid heterogeneity, a “complication of Nature,” was transmitted more than a million years in eukaryotic cells and has survived the filter of evolution, suggesting that the lipid composition and distribution within a cell is neither accidental nor inconsequential for the activity of cells.

Although cells tolerate certain variability in lipid composition, many human diseases have been associated with the inability of mutated cells to synthesize specific lipids or to recycle particular lipids from the nutriments or to address specific lipids to their correct destination. Alternatively, the excess of certain lipids such as cholesterol or saturated phospholipid chains can be poisonous.

In the late 1960s, V. Luzzati, in a pioneer work carried out in France, showed by X-ray crystallography that lipids extracted from biological membranes form, in water, lamellar phases, giving rise spontaneously to large multilamel-
lar (onion-style) liposomes made of a superposition of bilayers [3, 4]. Physicists characterized the bilayers as liquid crystals that could be in a fluid state or in a more viscous, gel state. In the early 1970s, the concept of lipid bilayer emerged as the basic model of biomembranes and was popularized in the famous model of “fluid mosaic membrane” of S.J. Singer and G.L. Nicolson [5]. Although the concept of “mosaicty” implies the presence of heterogeneous lateral domains, and in spite of the work carried out by several physical chemists such as H. McConnell, it was only in 1997 (almost 30 years after the initial work of Luzzati and McConnell) that the importance of lateral domains began to be popular among membranologists and that biological functions associated with lateral domains (or rafts) were highlighted (see the work of K. Simons and E. Ikonen [6]).

Indeed, the two monolayers of biomembranes form distinct lipid domains: M. Bretscher in England demonstrated in the early 1970s the asymmetrical transmembrane distribution of phospholipids in the plasma membrane of human erythrocytes [7]. Bretscher used the chemical labeling of the amino groups of phosphatidylserine (PS) or phosphatidylethanolamine (PE) and showed that aminophospholipids are principally in the membrane inner monolayer, while PC and sphingomyelin (SM) are essentially in the outer monolayer of human red cells. Subsequent investigation in the laboratory of L.L.M. van Deenen in The Netherlands based on phospholipases and sphingomylinases assays [8, 9] confirmed Bretscher’s results and demonstrated that the transmembrane asymmetry of red cells is an ubiquitous property of the plasma membrane of eukaryotes. In model systems, on the other hand, no transmembrane lipid segregation was found to form spontaneously. Sonication allows one to achieve a lipid sorting between inner and outer monolayers in small unilamellar vesicles (SUVs), but the latter structures are not physiological because of their small size compared with that of vesicles produced in vivo (~20-nm diameter for SUVs vs. ~200 nm for endocytic vesicles). Thus, lipid sorting observed in biomembranes had to be caused by a process that does not exist in liposomes and is not a mere thermodynamic equilibrium. Initially, the segregation of aminophospholipids was believed to be due to the topology of enzymes responsible for lipid synthesis or to lipid–cytoskeleton interactions (J.A.F. Op den Kamp [10]). However, Bretscher had the remarkable intuition to postulate the existence of specific lipid enzymes that he named “phospholipid flippase,” which would be responsible for the establishment of the asymmetrical lipid organization at the expense of ATP hydrolysis. In practice, it was later found necessary to specify the orientation of the postulated lipid carrier and the requirement or absence of requirement for ATP hydrolysis. This explains why the habit is now to differentiate among flippase, floppase, and scramblase (Fig. I.1).

A prerequisite for stable lipid segregation between the two monolayers of a membrane is a priori a slow transmembrane diffusion. In 1971, R.D. Kornberg and H.M. McConnell at Stanford University demonstrated for the first time, with spin-labeled lipids, the very slow transmembrane diffusion of
phospholipids in sonicated lipid vesicles, where the “flip-flop” between the two monolayers was found to require several hours at 30°C [11]. It is now admitted that the spontaneous transmembrane diffusion of lipids is very slow in liposomes of any size as well as in biological membranes. A few exceptions to this rule were discovered recently. Cholesterol, ceramide, phosphatidic acid, diacylglycerol, and free fatty acids or esters have a rapid spontaneous diffusion (τ1/2 less than 1 minute). The absence of real polar head groups in such lipids probably explains this unusual result.

It was only in 1984, that is, more than 10 years after Bretscher’s hypothesis, that the existence of a phospholipid flippase was demonstrated in France by M. Seigneuret and P.F. Devaux in the human erythrocyte membrane using spin-labeled analogs of naturally occurring phospholipids [12] and the year after by D.L. Daleke and W.H. Huestis, who provided confirmation using an elegant technique involving nonlabeled lipids [13], while A. Schroit’s group [14] took advantage of fluorescent analogs to prove the existence of an erythrocyte aminophospholipid transporter. The requirement of hydrolyzable Mg2+-ATP was demonstrated as being necessary for the rapid transport of aminophospholipids, and the specificity was carefully investigated; however, no proteins were identified initially. In 1989, an ATP-dependent flippase activity in chromaffin granules from bovine adrenal medulla was reported by the Paris laboratory and attributed to the so-called ATPase II [15]. This was the first report of aminophospholipid translocase activity in the inner membranes of the eukaryotic cell. The transport observed was in fact from the lumen to the cytosol of the granules but was classified as a flippase activity. In 1996, P. Williamson and R.A. Schlegel’s groups in the United States showed that this granule flippase was homolog to a yeast ATPase (called Drs2p), and studied a mutant deprived of Drs2 that was unable to flip aminophospholipids [16]. The phospholipid flippase seemed to be discovered.

However, in 1999 and 2003, the groups of T. Graham in the United States [17] and G. van Meer and J. Holthuis in The Netherlands [18] showed that Drs2p is in fact localized in the yeast trans-Golgi and not in the plasma mem-

![Figure I.1. Definition of the various lipid transporters in eukaryotic cell membranes. Note that the scramblase is calcium dependent and that “flippase” is a term that is used sometimes to designate an enzyme that catalyzes lipid flip-flop in both directions (inward or outward), for example, in the endoplasmic reticulum.](image-url)
brane, and that five homologs of this protein exist: two in the plasma mem-
brane (Dnf1p and Dnf2p), two in the trans-Golgi (Dnf3p and Drs2p), and one
(Neo1p) in endosomes or cis-Golgi. Furthermore, these P-type ATPases seem
to be associated with other proteins playing the role of chaperones (CDC50p)
or are necessary for the proper targeting to their final destination of the newly
formed proteins [19]. In 2006, P. Natarajan and T. Graham [20] showed a flip-
pase activity with fluorescent lipids in yeast Golgi membranes, which they
could attribute to the Drs2p. Interestingly, the triple knockout of the Drs2p
homologs in yeast led to viable cells, but they were deprived of endocytic
activity [18]. In conclusion, the various P-type ATPases may have different
specificities but may also be partially redundant.

Thus, after about 20 years of research in different laboratories throughout
the world, it became obvious that the ubiquitous eukaryotic flippase was in
reality a combination of several proteins, including four ATPases called P4-
ATPase, actually forming a family of five proteins in yeast. In humans, it was
predicted from genomic investigation that 14 P4-ATPases were members of
the family and could be involved in lipid transport. The purification of specific
P4-ATPases and of Drs2p from chromaffin granules or after expression in
various systems (yeast and insect cells) is in progress. However, so far the
purification has not been achieved on a large enough scale to allow unambigu-
ous tests of lipid transport in reconstituted lipoproteins.

Other membrane proteins were reported to have an ATP-dependent lipid
translocation activity and correspond to the so-called floppases (see Fig. I.1)
with an ATP-binding cassette (ABC). Suggested originally by C.F. Higgins and
M.M. Gottesman in 1992 [21], the laboratories of G. van Meer and of P. Borst
in The Netherlands [22] showed in 1996 that the ABC transporter P-glycoprotein,
also called MDR1, which is responsible for multidrug resistance and is a
serious obstacle in cancer therapy, was able to transport fluorescent phospha-
lipids from the inner monolayer to the outer monolayer of the plasma mem-
brane of eukaryotic cells. The low specificity of the P-glycoprotein suggested
that this protein could be involved in the transport of SM and PC toward the
outer monolayer of the plasma membrane, hence play an important role in
the transmembrane lipid asymmetry of the eukaryotic plasma membrane.
Other members of the ABC protein family seemed to be responsible for the
specific outward transport of PC in transfected epithelial cells [22]. An impor-
tant point is that ABC proteins are also found in prokaryotes and could be
implicated in lipid translocation in bacteria [23].

Besides ATP-dependent flippases, which were found essentially in the
plasma membrane of eukaryotes, other ATP-independent proteins also called
flippases were postulated to be in specific organelle membranes (endoplasmic
reticulum) and could explain the rapid flip-flop observed by several groups.
Their primary function would be to facilitate the transmembrane diffusion of
lipids in the membranes specialized in lipid synthesis. Already in 1985, W.R.
Bishop and R.M. Bell [24] suggested the existence of ATP-independent
flippase, catalyzing the diffusion of PC in the endoplasmic reticulum. Since
then, several researchers have attempted to isolate the protein(s) responsible
(A. Menon in the United States [25] and A. Herrmann and collaborators in
Germany [26]). Other researchers have attempted to prove that any trans-
membrane protein should accelerate the flip-flop of lipids, making it unnec-
sary to search for specific proteins (B. de Kruijff and A. Killian and collaborators
in The Netherlands [27, 28]). In practice, the identification of the ATP-
independent flippase of low lipid specificity seems even more difficult than it
is for the ATP-dependent selective flippase, precisely because the test of ATP
requirement cannot be used to discover the latter transporter.

BIOLOGICAL ADVANTAGES OF LIPID ASYMMETRY

The complexity involved in the regulation of lipid topology, requiring ATP
hydrolysis, raises the question of the biological function(s) of such an elaborate
system. Actually, one might rephrase this question differently: The lipid com-
position of a biological membrane is always a mixture of many different lipids.
The actual justification of this fact is not obvious, since a stable lipid bilayer
can be achieved in liposomes with a single phospholipid species. So what is
the biological advantage of the synthesis of many different lipids? A reason-
able hypothesis would be that lipid asymmetry is used to tag the two sides of
a membrane and to optimize their functionality, which is obviously different.
Indeed, the cell outer environment differs fundamentally from the cytosol.

One of the first indications of the physiological importance of lipid asym-
metry came from the observation by A. Schroit and collaborators (United
States) who showed in 1983 and 1985 that the presence of a very small per-
centage of PS (∼1% of the total lipid composition) in the outer monolayer of
red cells was used in vivo as a signal of cell aging and led in the blood circula-
tion to the elimination of aged cells by macrophages [29]. These conclusions,
which came originally from experiments associated with the introduction of
exogenous PS in the outer monolayer of red cells, were confirmed later by the
detection of natural PS with fluorescent Annexin V by J.F. Tait and D. Gibson
in 1994 [30]. The exposure of PS in the outer monolayer of platelets is also
associated with the formation of clots that stop bleeding (R. Zwaal and col-
laborators [31]).

Thus, lipid flip-flop concerns directly at least two important physiological
problems: (1) blood coagulation, which is triggered in vivo by the exposure of
PS, a cofactor required for the conversion of prothrombin into thrombin, and
(2) elimination of aged and/or apoptotic cells by macrophages. The lipid ran-
domization, that is, loss of lipid asymmetry that is used in vivo as a signal for
cell elimination, can be triggered artificially by penetration of calcium ions in
the cytosol of platelets, erythrocytes, or lymphocytes with calcium ionophores,
and results in “lipid scrambling,” that is, lipid randomization between the two
leaflet. This phenomenon is associated with a so far unknown protein named
“scramblase.” (Note: Suzuki et al. [40] identified the protein TMEM16F as an essential component for Ca\textsuperscript{2+}-dependent exposure of PS.) A rare but severe disease, called “Scott syndrome,” is characterized by the absence of PS redistribution upon calcium entry and has been investigated by R. Zwaal’s group in The Netherlands [32] and by J.-M. Freyssinet and collaborators [33] in France.

Various severe diseases such as cancer and Alzheimer’s disease were also reported to be accompanied by defects in lipid asymmetry [34]. ABCA1, another lipid transporter of the family of ABC-ATPases, was considered to be responsible for Tangier disease, characterized by impaired efflux of cholesterol and phospholipids from peripheral cells onto apolipoproteins such as Apo A-1. Cholesterol accumulation in macrophages and apolipoprotein degradation lead to tissue deposition of cholesterol esters and increase the risk of atherosclerosis in patients. G. Chimini and collaborators in Marseilles studied this particular defect associated with a lipid transporter [35]. In humans, several mutated ABC proteins reputed to be responsible for lipid transport are believed to cause metabolism disorders such as Stargardt syndrome (a genetic disease of vision), progressive intrahepatic cholestasis, pseudoxanthoma elasticum, adrenoleukodystrophy, or sitosterolemia.

In 1999, E. Farge and collaborators, in A. Dautry-Varsat’s laboratory, provided evidence of a biological role played by a lipid transporter during the first step of endocytosis [36]. It was shown that the transport of PS and PE from the outer to the inner monolayer by the ATP-dependent flippase is a stimulation of endocytosis and could be the molecular motor of membrane bending involved in the first step of endocytosis. The explanation proposed was that the excess of lipids in one monolayer triggers membrane invagination, as shown in model systems [37]. The yeast knockout experiments mentioned above [18] confirmed that in the absence of flippase proteins, endocytosis was blocked.

There are also reports suggesting that PS is important for fusion; hence, it could be useful in the inner monolayer for exocytosis and not only for the regulation of inner leaflet proteins.

There are certainly many other enzymes that require specific lipids at specific positions in a cell. Actually, the difference in head group of the lipids from the two sides of a membrane is not the only difference between inner and outer leaflets lipids. Indeed, there is evidence of difference in unsaturation, which is associated with differences in membrane viscosity, as observed in erythrocytes with spin-labeled lipids [38] and with fluorescent lipids [39]: The inner monolayer is more fluid; the outer is more rigid, hence more resistant. It is very likely that this feature is associated with the activity of proteins.

When transmembrane lipid asymmetry was demonstrated in red cells and soon after in the plasma membranes of all animals, it was assumed that this feature was a general property of living organisms. This may be true in animal
and in plant cells, which are both eukaryotes. But the evidence regarding prokaryotes is limited and often concerns rare lipids.

**PROSPECTS**

What kind of progress can be expected in a reasonable time? Clearly, the bottleneck for progress in understanding the mechanism of lipid translocation by membrane proteins in eukaryotes has been the difficulty in assigning, isolating, and overexpressing the protein(s) responsible for this process; studying the properties of proteoliposomes; and crystallizing a flippase. Crystallization will be a necessary step for ultimately understanding the mechanism that allows a hydrophobic transmembrane protein to accumulate against a gradient amphiphilic molecule. There are some reports, at low resolution, on the structure of ABC proteins possibly involved in lipid transport. With P_4-type ATPases, the data obtained with Ca^{2+}-ATPase can be used as first-order approximation to stimulate the speculations of researchers, but the difference between a lipid and a calcium ion is so large that the detailed analysis of the mechanism is presumptuous. In any case, the determination of the structure and molecular mechanism of a flippase is a challenge for the coming years. It is therefore an objective that cannot be forsaken. Progress in the molecular biology and purification of the P_4-type ATPases will lead to this achievement.

Other objectives are as follows:

1. isolation of protein(s) responsible for ATP-independent rapid lipid flip-flop in the endoplasmic reticulum;
2. isolation of protein(s) responsible for calcium-induced lipid scrambling (scramblase);
3. deeper understanding of all the consequences of lipid asymmetry, including recognition of the diseases caused specifically by a defect (impairment) in flippase activity.

**ORGANIZATION OF THIS BOOK**

As shown in the Table of Contents of this book, each chapter concentrates on one particular aspect of lipid asymmetry in biomembranes. However, we are not yet in a situation to give a complete and rational picture. As a consequence, one of the main difficulties in assembling this book was to choose a rational order for the chapters. Although the various chapters are closely linked to each other, there were no compelling reasons to decide which subjects deserved to be first or second. Hence, some repetition is unavoidable and the order of the chapters is rather arbitrary. Nevertheless, we must apologize for this weakness. On the other hand, each chapter can stand alone and does not necessarily require the reading of other chapters.
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INTRODUCTION

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PART I

ASSESSING TRANSMEMBRANE MOVEMENT AND ASYMMETRY OF LIPIDS