Care Planning in Children and Young People’s Nursing
For Breige Morgan, a contributing co-author of Chapter 37, who died suddenly on 12 October 2010. Breige had a huge personality, and she was a great inspiration to her colleagues, and to many sick children and their families.
Care Planning in Children and Young People’s Nursing

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Children’s and young people’s nursing has a theoretical base which has many elements including physiology, psychology, pathology, pharmacology and sociology. To deliver quality care to children and young people that is focused, safe and organised, it needs to be planned. Documenting the plan of care for a child and the implementation of that plan ensures continuity of care and provides a legal document demonstrating that care has been delivered.

The Nursing and Midwifery Council, the regulator for nursing in the UK, has published policy benchmarks which highlight the importance of nurses making records that are clear, intelligible and accurate, documented in such a way as to ensure that their meaning is clear. The plan of care for an individual child is the cornerstone of their health care journey. This new and exciting textbook is designed to help children’s and young people’s nurses appreciate the pivotal role that they can play in ensuring that every child receives optimum care based on their assessed needs. This book demonstrates how care can be organised using the nursing process and nursing models to help focus care delivery to meet the specific needs of the child or young person.

The importance of children’s and young people’s nurses planning and delivering care, underpinned by evidence-based theory, is perhaps best reflected in Nightingale’s famous pronouncement articulated in her notes for nursing (1859):

“Children: they are affected by the same things [as adults] but much more quickly and seriously.” p. 72

It is because children are different from adults and become sicker much more quickly that children’s nurses need a cognitive assessment and care planning toolkit to help them successfully manage the whole care paradigm of sick children and young people. Indeed, it is because sick children need care delivered by well-educated children’s nurses that this book has been written by a team of writers dedicated to promoting best practice. Planning and delivering optimum care is the very hallmark and mantra of children’s and young people’s nurses.

This first edition provides a clear and user-friendly examination of the nursing process, the framework for organising individualised nursing care. Nurses will find the various chapters invaluable in assessing, planning, implementing and evaluating the care that they deliver. Importantly, in the case of children personal injury claims are allowed up to 3 years after their majority, although in all cases an individual judge may lengthen the period allowed. This emphasises the need for nurses to be vigilant in the way that they assess and plan care, as a child’s patient record may be called before a judge sometimes decades after the event.

This book also recognizes that the involvement of children, young people and their families in the planning and implementation of care is vital in the formation of effective partnerships with families and children in the provision of care.

However, it is the creation of a care plan that is used to determine the nursing care given to an individual patient using measurable outcomes which are measurable to enable care to be evaluated and then improved upon.

In addition, this book shows the reader the whole purpose of using the nursing process to help assess, plan and deliver care to the child, young person and family which fulfils the whole ethos of nursing, which is ‘first to do no harm’.

I commend this book to you.

Dr E.A. Glasper
Professor of Children’s and Young People’s Nursing
The University of Southampton
Preface

Within this book the editors and contributing authors address a selection of the most common concerns that arise when planning care for infants, children and young people within the hospital and community setting. Discussion within each chapter and scenario will highlight that effective care planning needs to be individualised, yet collaborative, negotiated in partnership with the child or young person and their family in order to meet their many needs. It is hoped the title provides a clear, detailed and comprehensive insight into children’s nursing and that this text is appropriate for practitioners throughout the world.

This textbook is mainly aimed at ‘child branch’ nursing students undertaking undergraduate education, postgraduate programmes and recently qualified children’s nurses. It should also be an invaluable resource for the registered nurse (RN), especially when undertaking the dedicated role of mentorship. This text is richly designed with diagrams and photographs to inform the practice of care planning through the report of current research, best available evidence, policy and education, which reflects both the uniqueness and diversity of contemporary children’s nursing. The overall intention is that this book will become a core text within children’s nursing curricula and serve as a guide when teaching the theoretical foundation and clinical skill of care planning at each stage of the process. Furthermore, it will become an innovative resource for nursing students, nurse educators, practitioners, researchers and carers.

Chapters 1–11 explore central aspects in the rapidly changing field of children’s nursing. Key principles are addressed to facilitate children’s nurses with the understanding and knowledge that will underpin their care delivery.

The scenarios outlined in Chapters 12–37 provide the link between theory and practice, whilst highlighting the implications for good practice. Proposed questions follow the individual scenarios, offering lists of potential responses with limited rationale; it is therefore recommended that the nursing student/healthcare professional should explore the issues through further reading. Answers are not meant to be definitive or restrictive and may be amended to facilitate changing circumstances at any time. These scenarios will also help develop the fundamental skills of writing competent focused care plans for infants, children and young people. Throughout the scenarios a family-centred partnership has been incorporated within a multidisciplinary and interagency framework. A collective global approach to care planning, whereby the nursing process and a model/models of nursing have been utilised, demonstrates the art and science of individualised care plans. The activities within the scenario chapters are designed to encourage self-directed learning, assimilation of information and searching of literature to stimulate the enquiring mind.

The editors have drawn together a wealth of expertise locally, nationally and internationally from a wide variety of practitioners/nurse specialists, academics and parents and we would like to thank them for their enthusiasm and commitment. Authors have reflected upon their personal/professional experience and in-depth knowledge, whilst respecting confidentiality, to explore important issues that arise when caring for infants, children and young people with a range of conditions some of which could be life-threatening or indeed life-limiting. Outstanding features within this book include contributions from parents and a young person who have shared their ‘lived experiences’, therefore taking cognisance of the Nursing and Midwifery Council stance on service user involvement. Also highlighted
is the uniqueness of the ‘practice facilitator’ role in supporting mentors and nursing students within practice and the invaluable contribution from the Director of HIV/Aids Programme in Ethiopia.

Having reflected upon the Queen’s University Belfast philosophy, which is to ‘lead, inspire and deliver’, the editors would like to take this opportunity to acknowledge the support from Head of School, Professor Linda Johnston, who has encouraged our learning trajectory.

We would also like to thank Magenta Styles and Alexandra McGregor at Wiley-Blackwell for their editorial assistance and patience throughout this timely editing process.

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activity reflects both children’s nursing and her specialist subject area of orthopaedics. Prior to her Teaching Fellow position in 2003 she was employed as a Lecturer Practitioner at QUB and Musgrave Park Hospital (MPH, a regional elective orthopaedic unit). Sonya’s nursing career commenced in 1988, she qualified as an RGN in 1991 and completed a diploma in Children’s Nursing in 1996. Clinical practice was primarily within MPH for the adult and child until 2001, with additional nursing experience (bank position) gained as a Marie Currie nurse until 2009. Sonya continues to actively lead, inspire and deliver evidenced-based education that motivates and develops the Queen’s nursing student.

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Michael trained initially as a social worker working for the voluntary sector and then latterly in a hospital setting. He went on to train as a registered general nurse, specialising in the field of oncology and haematology nursing. Since qualifying as a registered nurse Michael has worked in a number of cities and towns in Scotland as well as working in Australia. Work roles have included ward manager, specialist nurse, clinical teacher and lecturer. Michael moved to live and work in Belfast, Northern Ireland in 2005, working as a clinical leader within the newly established Northern Ireland Cancer Centre. Most recently he took up a new role as a Practice Education Facilitator within the Belfast HSC Trust. Responsibilities include the support of nurse mentors in practice to ensure that the NMC Standards to Support Learning and Assessment in Practice (2008) are adhered to as well as other professional responsibilities aimed at ensuring a high standard of practice education opportunities exists.

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Sharon qualified in Nottingham as a RNCB in 1999. Since which time she has worked on a variety of children’s wards gaining valuable multi-speciality knowledge and expertise. During this time she has undertaken the Managing Children’s Pain LBR Module. Sharon has always had an interest in children’s pain management, which also formed the basis of her BSc Honours degree dissertation, which she undertook whilst working on a busy surgical and gastroenterology ward in Nottingham. Sharon was appointed as a Clinical Nurse Specialist in Children’s Pain Management one year ago and continues to work at Nottingham University Hospitals NHS Trust.

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Katie is both adult and children trained. She did her general training in Belfast and children’s training in Edinburgh and has also worked in Australia. Katie was a deputy ward manager in paediatric intensive care in Belfast before taking up the post of clinical educator. Her main responsibilities now are practice development, education and training of the intensive care nursing staff. Katie participates, supports and encourages research and evidence-based practice in order to enhance patient care and is at present studying for a degree ‘Developing Practice in Healthcare’.

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Anne has worked in children’s services throughout her nursing career, with posts in orthopaedics, cardiac and ENT areas. Teaching interests relate to physical assessment, acute illness in children, service improvement and skills delivery, working with pre- and post-registration students, and she is currently a pathway leader for a children’s nursing degree. Anne has published journal articles, contributed to publications, has experience as an external examiner and external reviewer.

Alan Forster
*Head of Unit (Adult Nursing), School of Nursing & Midwifery, Queen’s University of Belfast, Northern Ireland: BSc (Biological Sciences), PG Dip (Biomedical Sciences), RN (Learning Disabilities), RN (Adult), RCNT o RNT*
Alan is qualified in both learning disability and adult nursing. After registration he worked with adults with severe learning disabilities before becoming ward manager in a unit for children with profound learning disabilities. In 1978 he became a clinical teacher in learning disability nursing before transferring to adult nursing as a tutor in 1982, gaining experience in pre- and post-registration education. Alan became a senior tutor in 1992; he had responsibility for both the Common Foundation Course and Learning Disability branch, was also module leader for the Life Sciences module. Following integration into higher education in 1997, Alan taught on child, adult and learning disability programmes, with a special interest in biomedical sciences. As Head of Unit for Adult Nursing he had responsibility for the day-to-day management of the programme. At the same time he maintained his involvement in teaching the biomedical aspects of nursing to both learning disability and adult students. Throughout his career he has been fortunate to maintain his clinical involvement in both adult and learning disability nursing. Alan has recently retired.

Idy Fu  
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Idy has had eight years of clinical experience in paediatric haematology and oncology, adult oncology and palliative care and three years in medical and geriatric nursing. She had worked as a registered nurse in both Hong Kong and Australia before she joined the School of Nursing in 1999 and accepted her current teaching position in 2006. Her teaching commitments include adult care, children care, health promotion and education and fundamental nursing. As a course and year co-ordinator for the undergraduate nursing programmes, Idy is also involved in curriculum planning and development, teaching and learning innovations, assessment and evaluation, etc. Her research interests are public health and nursing education and her current research projects include smoking cessation, scoliosis screening and breastfeeding.

Hazel Gibson  
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Hazel’s nursing career has included general adult nursing, psychiatry and adult renal nursing, which lead her into children’s renal care in 1996. Initially she was involved in delivering haemodialysis to children with acute and end-stage renal failure, until she took up her current position in 2003. As well as co-ordinating a clinical caseload for pre-dialysis, dialysis and post-transplant care, her role involves teaching programmes for parents, in-house training, plus pre- and post-registration student education. Community commitments further demand educational input in schools, nurseries and community nursing teams, together with home visits to prepare children and their families for renal replacement therapies. Hazel was involved in the adaptation of the haemodialysis module at QUB within the adult renal course leading to a paediatric module. She has presented and had poster presentations at local forums and national conferences.

Diane Gow  
Lecturer in Child Health, University of Southampton, Faculty of Health Sciences: MSc, BA (Hons), RGN, RSCN, RNT & RCNT  
Diane completed a combined programme in Children and Adult Nursing at Westminster Hospitals. She held posts in a range of paediatric settings within the UK, USA and Australia.
before she became a Clinical Teacher at Westminster Children’s Hospital, prior to becoming a lecturer in Child Health at the University of Southampton. Her research interests lie in exploring the impact of nut allergy on families. She has led a range of programmes within pre-and post-qualifying curricula, and is now specialising in professional law and ethics, and is currently studying for her LLM in Medical Law.

**Gloria Hook**  
*Paediatric Renal Nurse, Royal Belfast Hospital for Sick Children, Northern Ireland: RMN, ENB 136 & RSCN*  
Gloria trained in adult psychiatry before moving to the Royal Belfast Hospital for Sick Children in 1991. After training she worked in medicine, before going to the Nightingale Institute at the University of London; then returning to her current position. Her role includes providing care for all children requiring intervention from the renal multidisciplinary team. She is a member of the Paediatric Irish Nephrology Group, helping to maintain standards of renal care throughout Ireland.

**Una Hughes**  
*Children’s Nursing Services Training Co-ordinator, Southern Trust, Northern Ireland: RGN, ENB 415, ENB998 & RSCN*  
Una has both adult and children’s training; she specialised in paediatric intensive care over ten years and has taught in a college of further and higher education and worked in the community children’s nursing team before accepting current training co-ordinator position in 2010. Teaching and training commitments include NVQ Level 3 for paediatric community healthcare workers, paediatric ward-based nursing auxiliaries and training for classroom assistants in special schools. Una has recently completed a paediatric palliative care module and develops her clinical and teaching skills through ongoing study.

**Janet Kelsey**  
*Associate Professor (Senior Lecturer) in Health Studies (Paediatric), School of Nursing & Community Studies, University of Plymouth: MSc Health Psychology, BSc (Hons) Psychology, Adv Dip Ed, PGCE, RSCN, RGN & RNT*  
Janet has contributed to journal and book publications, presented at regional, national and international conferences on a range of topics and is an external examiner. She has managed both diploma and BSc child nursing programmes and teaches both acute care of the child and family and clinical skills in children’s nursing. Her particular interests lie in the care of young people within the acute health care environment.

**Gilli Lewis**  
*Child Health Nurse Lecturer, Capital & Coast District Health Board Wellington, New Zealand: MPH (Public Health), PG Cert Health Education, Diploma in Asthma Care, BN & RN (General and Child)*  
Gilli is an experienced educator and children’s nurse. She began her career with the Wellington Asthma Research Group, where she developed research skills as well as a foundational knowledge and interest in asthma. She worked with both adults and children in this role and fostered a particular interest in children with atopic disease. She has collaborated on a number of scientific papers, and has attended and presented research at conferences nationally and internationally. In 2002 she completed a Master’s in Public Health from Otago University NZ. A position at Queen’s University Belfast School of Nursing and
Contributors

Midwifery provided Gilli with experience in tertiary education, from which she gained a PG certificate in Tertiary Health Education. Since her return to New Zealand, Gilli has worked in both undergraduate, post-registration and post-graduate nursing education, with a focus on children’s nursing. Gilli has maintained her clinical skills throughout her career, working in a variety of paediatric wards in New Zealand and in Northern Ireland. She is a member of the Paediatric Society of New Zealand and a member of the Nurses for Children & Young People of Aotearoa, New Zealand Nurses Organisation (NZNO) Section committee.

Lorna Liggett (Editor)
Discipline Lead – Children’s Nursing, School of Nursing & Midwifery, Queen’s University Belfast, Northern Ireland: BSc (Hons), RNT, RCNT, DASE, SRN & RSCN

Lorna completed her RSCN programme at the Royal Belfast Hospital for Sick Children and staffed in a children’s medical ward for a short time. She then undertook her SRN programme at Craigavon School of Nursing. Following a one-year staffing experience in a gynaecological ward in Craigavon Area Hospital Lorna transferred to staff in a general children’s ward. Several years later she became a clinical teacher and was attached to the children’s ward and general adult wards. Lorna then completed the tutor’s course and was employed at the Southern College of Nursing. At integration into Queen’s University Belfast in 1997 she became Course Director and had ongoing responsibility for pre-registration education. In 2008 she was appointed Head of Unit for Children’s nursing at QUB. Her main interests are children’s rights, children and young people’s health and safeguarding to protect children.

Mary Macfarlane
Regional Paediatric Cystic Fibrosis Centre, Allen Ward, Royal Belfast Hospital for Sick Children, Northern Ireland: RSCN & RGN

Mary has both adult and children’s training. After qualifying she was staff nurse on a busy paediatric ward. Her interest in children with cystic fibrosis (CF) began at this time and she took the post as a staff nurse dedicated to CF and held this position for four years. After one year as a Hospital Medical Representative, she was successful in her application to become the Community Cystic Fibrosis Nurse for all children with CF in Northern Ireland. This was a new post and Mary was instrumental in establishing this role, to ensure all children with CF were followed out into the community, providing healthcare at home, advice and support from diagnosis through transfer to adult services, liaising with other health providers to ensure a seamless web of care. Mary also facilitates a lecture in Queen’s University Belfast for pre- and post-registration nursing students in the care and management of children with CF.

Nicola Markwell
Registered General Nurse

Nicola commenced her nurse training in 1986 and qualified as a Registered General Nurse in December 1989. She took up a staffing post in the diabetic unit until 1994 and then transferred to the acute stroke unit where she worked until 2000, when Ryan was born. Since then Nicola has given up her nursing career to look after Ryan on a full-time basis. As a service user, she has become involved in a Queen’s University Belfast module for child branch nursing students, by presenting on the challenges of caring for a child with complex needs in the community.
Barbara Maxwell
*Staff Nurse, Allen Ward, Royal Belfast Hospital for Sick Children, Northern Ireland: Cert in care of child with CF, Asthma Dip, RSCN & RGN*

Barbara qualified as a general nurse in 1991, at Royal Victoria Hospital Belfast, then she completed her post-registration children’s nursing in Great Ormond Street Children’s Hospital in 1994. For over 15 years Barbara has staffed in Allen ward (Royal Belfast Hospital for Sick Children, Belfast). Her specialist skills include caring for children with acute and chronic respiratory conditions such as cystic fibrosis, acute or brittle asthmatics, pleural effusions/empyemas, which require chest drains and patients with neuromuscular conditions who require a tracheostomy +/- non-invasive ventilation. Barbara has now taken up a post as the Regional Respiratory Paediatric Nurse Specialist and will be undertaking further study in relation to allergies.

Orla McAlinden
*Nurse Lecturer, School of Nursing & Midwifery, Queen’s University Belfast, Northern Ireland: MPhil (Medical Ethics and Law): BSc (Hons), ENB 415, Advanced Diploma in Education, Certs in: Palliative Care, Counselling and Child and Adolescent Interventions, RSCN & RN*

Orla has extensive adult and children’s training and experience, and specialised in paediatric and neonatal intensive care nursing at Guy’s Hospital, London, before returning to her native Northern Ireland for further studies. She has been in nursing education for over eighteen years and has been teaching on pre- and post-registration nursing programmes at Queen’s University Belfast since 1997. Orla’s academic and clinical interests include general children’s nursing, infant/child and adolescent mental health, ethics and law in healthcare and issues around suicide and mental health in society. She is also an ASIST and Safetalk Trainer helping to equip local community/education providers with immediate skills for suicide awareness and intervention.

Carol McCormick
*Ward Manager, Paediatric Intensive Care, Royal Belfast Hospital for Sick Children, Northern Ireland: Paediatric Intensive Care Course, RSCN & RGN*

Carol has experience in adult critical care, thoracic and vascular surgery. She has also worked in a variety of specialties within paediatrics. However, critical care is where she has spent many years of her nursing career and what she finds most challenging and rewarding. Carol has a special interest in transfer and retrieval of the critically ill child and is currently developing her clinical skills in this area following completion of the relevant short courses.

Gill McEwing
*Lecturer in Nursing, School of Nursing & Midwifery, Faculty of Health, University of Plymouth: MSc, Diploma Nursing, Certificate of Education, RGN, RSCN & RNT*

Gill has gained experience caring for children with a variety of clinical conditions in both specialised children’s and district general hospitals. Gill has been a lecturer in child health since 1987, co-ordinating and teaching pre- and post-registration courses at degree and diploma level. She has edited several books, published journal articles and presented at national and international conferences.
Heather McKee
Teaching Fellow, School of Nursing & Midwifery, Queen’s University Belfast, Northern Ireland: Bsc (Hons) in Nursing, Advanced Diploma in Educational Studies, PGCE, RSCN & RGN

Heather qualified as an adult and children’s nurse and has gained experience in children’s medical, ENT and ophthalmology surgery before commencing her current teaching post in 1997. Teaching commitments are within the common foundation and child branch programmes. Specific interests include care planning, health promotion and the incorporation of uni-professional and interprofessional simulation in the development of clinical skills. Heather has continued to update her clinical skills and knowledge base within her role as a programme co-ordinator for the child branch programme.

Hazel Mills
Cystic Fibrosis Nurse Specialist, Royal Belfast Hospital Sick Children, Northern Ireland: Advanced Diploma in Health Care at QUB, Management of CF Patients Course, (Brompton, London), RSCN & RGN

Hazel has over 12 years’ experience working with CF patients. Currently she works as part of the multidisciplinary team facilitating the provision of a high standard of hospital and domiciliary care to children and adults with CF in Northern Ireland. This involves developing clinical policies and providing expert advice and support to patients and their families. Before specialising in CF, Hazel gained experience nursing patients in adult neurosurgery and paediatric general surgery and cardiology.

Catherine Monaghan
Teaching Fellow, School of Nursing & Midwifery, Queen’s University Belfast, Northern Ireland: MSc in Nursing, Postgraduate Certificate in Education for the Health Care Professionals, BSc (Hons) Specialist Practice in Nursing, Dip in Community Nursing, RGN & RMN

Catherine is both adult and mental health trained and has worked in a variety of hospital settings throughout her career. Prior to taking up her appointment within nurse education, Catherine worked in the community where she was community team leader and worked within a multidisciplinary team. At present Catherine is an MSc programme co-ordinator and is also involved in teaching in both the undergraduate and post-graduate programmes, which include community nursing and research in practice. As part of the Erasmus exchange programme she has been involved in the delivery of the International Community Nursing/Community Assessment (Global Health) module in Mikkelin University, Finland. Catherine works in collaboration with her colleagues to promote research-focused teaching and she has had the opportunity to present areas of her work in journal publications and at conferences.

Clare Morfoot
Neonatal Clinical Practice Educator, Trevor Mann Baby Unit, Royal Sussex County Hospital, Brighton: PgCert, ENB 405, Bsc (Hons), RN & Dip Nursing Studies

Clare completed a degree in anatomy and developmental biology at University College London, before undertaking her nurse training at St Bartholomew’s Hospital in London and has worked in adult oncology prior to specialising in neonatology for the last 11 years. Currently Clare works on a neonatal intensive care unit, delivering medical and surgical nursing care to premature and sick infants and their families. As the clinical practice educator, Clare facilitates the professional development and education of neonatal nursing
staff. Having successfully completed her post-graduate Certificate in Health and Social Care Education, Clare also teaches pre- and post-registration nurses at the School of Nursing and Midwifery, University of Brighton.

Breige Morgan
*Children’s Discharge & Transition Coordinator SHSCT & Acting Senior Community Children’s Nurse SHSCT: BSc (Hons) CCN & RN (Child Dip)*

Breige was a registered children’s nurse and worked in numerous settings, including a general paediatric ward gaining both medical/surgical experience, the regional paediatric intensive care unit and the children’s hospice, which enhanced her experience of caring for children with palliative needs. She then moved to the ENT setting as a charge nurse. In June 2004 she took up a post as a community children’s nurse and was instrumental in establishing the new community children’s nursing service in the locality. In September 2009 she took up post as the Discharge & Transition Co-ordinator and was influential at a regional level to improve services for children with complex healthcare needs.

Philomena Morrow
*Nurse Lecturer in Children’s Nursing, School of Nursing & Midwifery, Queen’s University Belfast, Northern Ireland: MSc & BSc in Nursing*

Philomena undertook a four-year integrated nursing course to gain registration as an adult and children’s nurse. Following a clinical career she entered nurse education initially as a clinical teacher and then a nurse tutor. At integration into Queen’s University Belfast in 1997 Philomena became engaged in developing pre- and post-education for children’s nursing. Her interests include cardiology, respiratory care, diabetic and burns/plastic surgery in children and publications relate to subject areas. Philomena has been involved in leading and developing IPE within children’s nursing and medical education.

Kathryn O’Hara
*Staff Nurse, Craig Ward, Ulster Hospital, Dundonald, Northern Ireland: PG Dip Organisation Management, PG Certificate Nurse Education, BSc (Hons) Nursing, RGN & RSCN*

Kathryn is currently a staff nurse on a children’s surgical ward specialising in ENT, plastics, maxillofacial and orthopaedic surgery. The ward has a five-bedded unit for adolescents. She is both adult and children trained and has spent more than twenty years nursing sick children and their families, mainly in the acute medical and surgical setting. She has worked as a ward sister and taught for one year in Our Lady’s Hospital for Sick Children, Dublin, implementing the nursing process into all wards and departments and teaching undergraduate student nurses. She worked for six years as a patient advocate for the Eastern Health and Social Services Council, advocating for patients and their carers in all trusts throughout the Eastern Health and Social Services Board. Kathryn does occasional lecturing to undergraduate student nurses (children’s branch) at Queen’s University, Belfast.

Catherine Paxton
*Nutrition Nurse Specialist, Royal Hospital for Sick Children, Edinburgh: BN, RN (Child Health), ENB N15, DipHE Nursing & RGN*

Catherine graduated from Glasgow University with a Bachelor of Nursing degree and RGN qualification in 1994. After working in adult orthopaedics in Cambridge she moved to Edinburgh to do her paediatric training at Lothian College of Health Studies. While staffing on a general surgical, GI and ENT ward, at the Royal Hospital for Sick Children
Edinburgh, she developed her interest in complex nutrition. She was appointed Paediatric Nutrition Nurse Specialist in 2003. As a member of the multidisciplinary nutrition support team, she provides care, advice and support to children requiring enteral and parenteral nutrition, and their families. She has presented locally and nationally on enteral feeding tubes and been on the review group for both the Lothian Enteral Tube Feeding Best Practice Statement for Adults and Children and the NHS, and also Quality Improvement Scotland Best Practice Statement, Caring for Children and Young People in the Community Receiving Enteral Tube Feeding.

Jim Richardson
Head of Division (Family Care), Faculty of Health, Sport & Science, University of Glamorgan, Pontypridd, Wales: PhD, PGCE, RSCN, RGN & BA

Jim undertook a Bachelor of Arts (Humanities) at the University of Strathclyde, Glasgow, before completing general nurse training in Aberdeen, Scotland. He then worked in neurology, anaesthetics and paediatrics at the Oulu University Central Hospital in Finland for a period of eight years. He obtained a specialist paediatric nursing qualification from Great Ormond Street Hospital in London and took up the position of head nurse in the paediatric medical unit at the University Hospital of Wales in Cardiff. Jim took up the post of lecturer in children’s nursing at the University of Wales College of Medicine in Cardiff, a post he occupied for nine years. He was also awarded a PhD during this period. He took a position in 1999 at the University of Glamorgan as Principal Lecturer in Children’s Nursing and a year later took the role of Field Leader (Head of Division) of Family Care. This division encompasses all aspects of educational provision and research in the field of maternal and child health within the faculty. Jim has a role within the faculty to promote international activity and has participated in work with the World Health Organisation. Current activity includes working with Bulgarian colleagues to establish a nursing workforce development unit in Bulgaria. This has involved collaboration with a wide range of agencies and individuals, including the Ministry of Health, in Bulgaria.

Debbie Rickard
Child Health Nurse Practitioner Candidate, Capital & Coast District Health Board Wellington, New Zealand: MN (Child & Family, Hons), Cert in Community Child Health, Cert in Allergy Nursing, BN & RN (comp)

Debbie has been nursing in child health for 18 years. After three years in acute paediatric nursing, a clinical move to the community setting provided Debbie with many opportunities to evolve her specialist paediatric practice. Over the last ten years Debbie has also held a management role in the paediatric community team service. However, the management focus has recently changed, with Debbie becoming the first Nurse Practitioner Candidate in Child Health and this role has a DHB wide focus. Debbie’s interest in working with children and their families, especially those living with chronic and/or complex conditions, is to support their empowerment to meet care needs. Her interest has lead to improved nursing services for managing complex skin conditions. Debbie’s work began after gaining a Margaret May Blackwell Travel Study Fellowship award to visit child health services in the United Kingdom and Australia in 1999. This experience helped consolidate her vision for improved outcomes for children and families through proactive nursing services. The success of increased community services lead to starting the first Nurse Eczema Clinics in New Zealand. Fourteen years later clinics held at all the hospitals in the Wellington region and in outreach clinics held with Maori and Pacific Services are meeting the population
needs. In addition, practice nurses who have undertaken training with Debbie now provide nurse eczema services within their primary health practices. Wellington provides the most comprehensive nurse eczema service in New Zealand. Debbie provides teaching, training and ongoing professional support in optimal eczema management to doctors and nurses working in the secondary and primary health sector and this has enabled a more consistent and collaborative approach to care. Since 2002, Debbie has actively been involved in childhood eczema research projects.

Karen Salmon
HIV/AIDS Programme Director, Crosslinks’ Mission Partner, Mekelle Youth Centre, Mekelle, Ethiopia: MSc in Nursing, Health Visitor @ RGN
Karen has both adult and public health training, worked in community health in West Belfast for five years, and in nurse education in Ethiopia over ten years, before accepting her current position in 2004. Teaching commitments focus on prevention through formal and informal HIV/AIDS awareness classes and clubs, peer education and training of trainers. HIV/AIDS care is implemented among orphans and prisoners living with HIV. As programme director Karen works with children and youth of all backgrounds, with special involvement among vulnerable children, including orphans, blind and deaf children, and youth.

Susanne Simmons
Senior Lecturer, University of Brighton: MSc Nursing Research and Practice Development: BSc (Hons) (Open) Applied Social Sciences, RNT, ENB 405, RSCN @ RGN
Susanne is qualified in children's and adult nursing, specialising in neonatal surgery and medicine. Following three years as a lecturer/practitioner, she became a full-time senior lecturer in 2000. During her time in education, Susanne has had experience co-ordinating the child branch diploma programme, second registration [child] programme and neonatal pathway. Teaching commitments include: pre-registration teaching of clinical skills to child diploma and degree students; and post-registration teaching on the neonatal pathway. Susanne endeavours to maintain links with clinical practice and is committed to facilitating service user engagement and interprofessional learning within the curriculum.

Rosi Simpson
Paediatric Renal Nurse, Royal Belfast Hospital for Sick Children, Northern Ireland: RSCN, ENB 147 @ RGN
Rosi trained in both adult and children’s nursing at the Ulster Hospital, Dundonald. After working in the Isle of Man, she returned initially to work in the regional cardiac surgery intensive care unit, before moving to the Royal Belfast Hospital for Sick Children. She completed her ENB 147 Paediatric Nephro-urology course at the University of Central England and Birmingham Children’s Hospital before taking up her current position. Her role includes providing clinical care for pre-dialysis, dialysis and post-transplant children and families, supporting the role of renal nurse co-ordinator, and is involved in parental teaching programmes and in-house training. She is also secretary of the Paediatric Irish Nephrology Nurse’s Group, liaising with and standardising renal nursing care between paediatric renal units in the North and South of Ireland.
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Section 1

Principles of Care Planning