



Palliative Care Nursing at a Glance

Edited by
C. Ingleton
P. J. Larkin



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Nursing
at a Glance**

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Palliative Care Nursing at a Glance

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Preface



An edited work is always a team effort, and we appreciate the help and co-operation of many contributors.

We have been very fortunate in obtaining chapters from some of the leading experts in palliative care. We have selected authors who represent a range of expertise and are drawn from different professional and academic backgrounds, including academics, clinicians, educators and managers. We believe that the diversity of backgrounds and perspectives enhance the depth of coverage.

However, it does mean that the writing styles vary, and whilst editorial work has been undertaken we are keen that the chapters reflect the views and perspectives of our authors rather than conform to our stances.

As with other volumes in the 'At a Glance' series, it is based around a two-page spread for each main topic, with figures and texts illustrating the main points at a glance. Although primarily designed as an introduction to palliative and end-of-life care,

it should be a useful undergraduate revision aid, together with a companion website featuring interactive multiple choice questions and case studies. Such a brief text cannot provide a complete guide to palliative care practice; however, the additional references accompanying each chapter will aid a deeper understanding of the key subject areas. Errors and omissions may have occurred, and these are entirely our responsibility.

We are grateful to the reviewers (educators and students) who provided helpful comments which we attempted to incorporate and to Kate Chadwick (The University of Sheffield), who provided excellent administrative support throughout the process. Finally, thanks to staff at Wiley Blackwell, including Karen Moore, Madeleine Hurd and James Watson, and also Amit Malik at Aptara, for their prompt and helpful assistance.

*Christine Ingleton
Philip J. Larkin*



Abbreviations

A&E	Accident & Emergency	GFR	Glomerular Filtration Rate
ACE	Angiotensin-Converting Enzyme	GI	Gastrointestinal
ACP	Advance Care Planning	GMC	General Medical Council
ADRT	Advance Decisions to Refuse Treatment	GP	General Practitioner
AHD	Advance Healthcare Directive	GSF	Gold Standards Framework
ALS	Amyotrophic Lateral Sclerosis	HV	Health Visitors
ACB	Amber Care Bundle	ICD	Internal Cardiac Defibrillators
ANP	Advanced Nurse Practitioner	ICD10	The International Classification of Diseases, Tenth Revision
AusTOMs-OT	Australian Therapy Outcome Measures for Occupational Therapy	ICP	Integrated Care Pathway
AV	Atrioventricular	IM	Intramuscular
BEDS	Brief Edinburgh Depression Scale	IQ	Intelligence Quotient
BMA	British Medical Association	IV	Intravenous
BP	Blood Pressure	LACDP	Leadership Alliance for the Care of Dying People
BSc	Bachelor of Science	LCP	Liverpool Care Pathway
CAM	Confusion Assessment Method	LPA	Lasting Power of Attorney
CKD	Chronic Kidney Disease	MDT	Multi-disciplinary Team
CKM	Conservative Kidney Management	mg	Milligram
CNS	Clinical Nurse Specialist	MLB	Multi-layer Bandaging
C9ORF72	Chromosome 9 Open Reading Frame 72	MLD	Manual Lymph Drainage
CO₂	Carbon Dioxide	mL	Millilitre
COPD	Chronic Obstructive Pulmonary Disease	mmol/L	Millimole per Litre
COPM	Canadian Occupational Performance Measure	MND	Motor Neurone Disease
CPR	Cardiopulmonary Resuscitation	MPQ	McGill Pain Questionnaire
CSCI	Continuous Subcutaneous Infusion	MRC	Medical Research Council
CT Scan	Computed Tomography Scan	MRI Scan	Magnetic Resonance Imaging Scan
CTZ	Chemoreceptor Trigger Zone	MSSC	Malignant Spinal Cord Compression
CVA	Cerebrovascular Accident	N&V	Nausea and Vomiting
DisDAT	Disability Distress Assessment Tool	NHS	National Health Service
dL	Decilitre	NICE	National Institute for Health and Care Excellence
DN	District Nurse	NMC	Nursing and Midwifery Council
DNA	Deoxyribonucleic Acid	NSAID	Non-steroidal Anti-inflammatory Drug
DNACPR	Do Not Attempt Cardiopulmonary Resuscitation	NTR	Nationally Transferable Role
DNR	Do Not Resuscitate	NYHA	New York Heart Association
DSM	Diagnostic and Statistical Manual of Mental Disorders	ONS	Office for National Statistics
eGFR	Estimated Glomerular Filtration Rate	OPG	Office of the Public Guardian
EMG	Electromyography	OT	Occupational Therapy
EOL	End of Life	PAS	Physician Assisted Suicide
EPA	European Pathway Association	PCT	Primary Care Trust
ESAS	Edmonton Symptom Assessment Scale	PEG	Percutaneous Endoscopic Gastrostomy
FEV	Forced Expiratory Volume	PhD	Doctor of Philosophy
FU	Follow Up	PHQ	Patient Health Questionnaire
FUS	Fused in Sarcoma	PIG	Prognostic Indicator Guide
		PIP	Patient Information Point

PO	By Mouth	SP	Supporting People
PR	Per Rectum	SPC	Specialist Palliative Care
PRN	As Required	SPICT	Supportive and Palliative Care Indicators Tool
PTH	Parathyroid Hormone	SPMI	Severe and Persistent Mental Illness
QoL	Quality of Life	Stat	Immediately
RC	Royal College	SVCO	Superior Vena Cava Obstruction
RCN	Royal College of Nursing	TDP43	TDP TAR DNA-Binding Protein
RGN	Registered General Nurse	TIA	Transient Ischaemic Attack
RMN	Registered Mental Nurse	TKIs	Tyrosine Kinase Inhibitors
RN	Registered Nurse	t-PA	Tissue Plasminogen Activator
RRR	Rapid Response Reports	U&E	Urea and Electrolytes
SC	Subcutaneous	UK	United Kingdom
SCM	State Certified Midwife	USA	United States of America
SDL	Simple Lymph Drainage	WHO	World Health Organization
SOD1	Superoxide Dismutase 1		



About the companion website

Don't forget to visit the companion website for this book:



www.ataglanceseries.com/nursing/palliativecare

There you will find valuable material designed to enhance your learning, including:

- Interactive multiple choice questions
- Case studies

Scan this QR code to visit the companion website

