Itai Cohen Melanie Dreyer-Lude

# Finding Your Research Voice

Story Telling and Theatre Skills for Bringing Your Presentation to Life



Finding Your Research Voice

# Itai Cohen • Melanie Dreyer-Lude Finding Your Research Voice

Story Telling and Theatre Skills for Bringing Your Presentation to Life



Itai Cohen Department of Physics Cornell University Ithaca, New York, USA Melanie Dreyer-Lude Department of Drama University of Alberta Edmonton, Alberta, Canada

#### ISBN 978-3-030-31519-1 ISBN 978-3-030-31520-7 (eBook) https://doi.org/10.1007/978-3-030-31520-7

#### © Springer Nature Switzerland AG 2019

This work is subject to copyright. All rights are reserved by the Publisher, whether the whole or part of the material is concerned, specifically the rights of translation, reprinting, reuse of illustrations, recitation, broadcasting, reproduction on microfilms or in any other physical way, and transmission or information storage and retrieval, electronic adaptation, computer software, or by similar or dissimilar methodology now known or hereafter developed.

The use of general descriptive names, registered names, trademarks, service marks, etc. in this publication does not imply, even in the absence of a specific statement, that such names are exempt from the relevant protective laws and regulations and therefore free for general use.

The publisher, the authors, and the editors are safe to assume that the advice and information in this book are believed to be true and accurate at the date of publication. Neither the publisher nor the authors or the editors give a warranty, expressed or implied, with respect to the material contained herein or for any errors or omissions that may have been made. The publisher remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

This Springer imprint is published by the registered company Springer Nature Switzerland AG. The registered company address is: Gewerbestrasse 11, 6330 Cham, Switzerland

#### Acknowledgments

We would like to extend special thanks to Susi Varvayanis, the Executive Director of the BEST program at Cornell University, for her unwavering support of our work. Susi offered sage advice in each of the workshops we provided for her program and helped shape the content of this book. We thank Sara Leanne Eddleman for her keen eye in helping to edit this manuscript. We also want to thank the postdocs and graduate students who were participants. They were key players in helping us learn how best to help them deliver exceptional research presentations.

## Contents

1	Introduction	1
	The Elevator Pitch	2
Par	t I The Story	7
2	Crafting Your Core Message	9
	Guidelines for Creating a Core Message for a Research Talk	9
3	Shaping the Dramatic Arc	19
	Structure	20
	Shape	26
	Length	29
4	Great Beginnings and Strong Endings	33
	Great Beginnings	33
	Strong Endings	38
	The Wrap-Up	38
	The Signal	42
5	Make Them Care	45

viii	Contents	
Part	II The Performance	51
6	Calibrating Your Speaking Presence	53
7	Using Your Voice	57
	Volume	57
	Diction	61
	Pitch, Tone, and Prosody	62
	Pace	66
	Fillers	67
8	Using Your Body	69
	Posture	70
	Gesture	74
	Eye Contact	77
	Facial Expression	79
	Movement	80
	Entrances and Exits: How to Take the Stage	82
Part	III The Event	85
9	Dealing with Stage Fright	87
10	How to Handle Questions	93
11	Game Day	99
12	Conclusion	101
Refe	rences	103

## **About the Authors**



**Itai Cohen** is a Professor of Physics at Cornell University, where he works on materials in motion. His research topics have ranged from studying the behavior of shear thickening fluids like corn-starch, to the flight of insects, to microscale robots, and the behaviors of crowds. Professor Cohen has given over 250 invited public, conference, and departmental speaking engagements. He has chaired the American Physical Society Forum on Outreach and Engaging the Public and organized numerous professional development workshops on science communication.



**Melanie Dreyer-Lude** is an artist-scholar specializing in international, intercultural, and interdisciplinary research. She has directed, produced, and taught theater in Chile, Argentina, Germany, Turkey, Uganda, Greece, and Canada. Fluent in German, Dreyer-Lude translates and directs contemporary German plays, which have been produced in the USA and Canada and published in international magazines and anthologies. She currently serves as Chair of the Department of Drama at the University of Alberta and lives and works in Edmonton, Alberta, Canada. Cohen and Dreyer-Lude are the organizers and instructors of the popular Finding Your Scientific Voice workshop, which has been run at various venues including Cornell University, SUNY Upstate, the Howard Hughes Medical Institute, and the American Physical Society March Meeting.



## 1

### Introduction

When is the last time you heard a compelling, interesting, or memorable research talk? Conferences are notorious for providing ample opportunity to see boring presentations of what could be important research. If you are reading this book, chances are that you (or your students) need to learn how to tell a better story. Whether you have been giving lackluster presentations at professional conferences, you are on the job market and need to present your portfolio to a search committee, or you have found yourself tongue-tied in the middle of an ideal networking opportunity, learning to tell a compelling research story can have a significant impact on your career. Humans enjoy telling and listening to great stories. These stories help us make sense of the world around us.

Good stories demand attention. Bad stories put an audience to sleep. Good stories provide emotional and intellectual satisfaction. Bad stories frustrate an audience and feel like a waste of time. The components of a great story signal when we should pay close attention and where we will find important moments. By learning to tell a compelling research story, you can trigger an emotional connection to your audience, which will help them remember the important information you have just presented. It is easy to tell a research story badly. It takes time and effort to learn to tell one well. Once you have mastered the basic principles of good storytelling, you will experience the satisfaction of performing successfully in front of an audience.

You can find ample reference materials on presenting talks as stories. We invite you to read them. Afterwards you may find there is still a gap between understanding what these books are telling you and incorporating the concepts into *your own* work. This book fills that gap, presenting a range of key

I. Cohen, M. Dreyer-Lude, *Finding Your Research Voice*, https://doi.org/10.1007/978-3-030-31520-7\_1

research presentation techniques, followed by field-tested exercises that will help you improve *your* talk. To demonstrate, let's look at an example.

## **The Elevator Pitch**

A good elevator pitch provides a concise description of your research and why it matters. A compelling elevator pitch will consist of a few clear sentences that include:

- 1. What are you researching?
- 2. Why is this problem important?
- 3. What have others done, and why was that approach not sufficient?
- 4. What you are doing differently to solve the problem?
- 5. If you are successful, how will your work impact the field and change the conversation?

Many of us are familiar with the concept of an elevator pitch but still struggle to apply these ideas in practice. Here is an exercise that illustrates this point:

#### **Exercise 1.1 The Elevator Pitch**

- 1. This exercise can be accomplished with just two participants, although a larger group provides richer feedback.
- 2. Have the participants write down their elevator pitches based on the outline above and then try to commit it to memory. It is helpful to agree on the audience for this pitch (the general public, a conference presentation, your advisor, etc.).
- 3. When all participants have created an elevator pitch, designate a leader who will control the timing of the exercise.
- 4. Divide into groups of two or three, preferably with people you do not know well, and determine who will speak first.
- 5. On the leader's signal, the first speaker will share their prepared two-tothree-sentence elevator pitch. They will have 30 s to accomplish this task.
- 6. When 30 s are over, the leader will call time and ask the next group member to present their elevator pitch. Continue in this way until all members of your small group have had a chance to pitch their research.
- If there are enough participants, switch groups and find a new collection of people. Repeat the exercise under the leader's guidance. Again, take only 30 s per person.
- 8. Gather the entire group into a circle. The leader will select someone to identify the first person they met during the exercise and ask them to describe what that person does, providing as many details as possible.